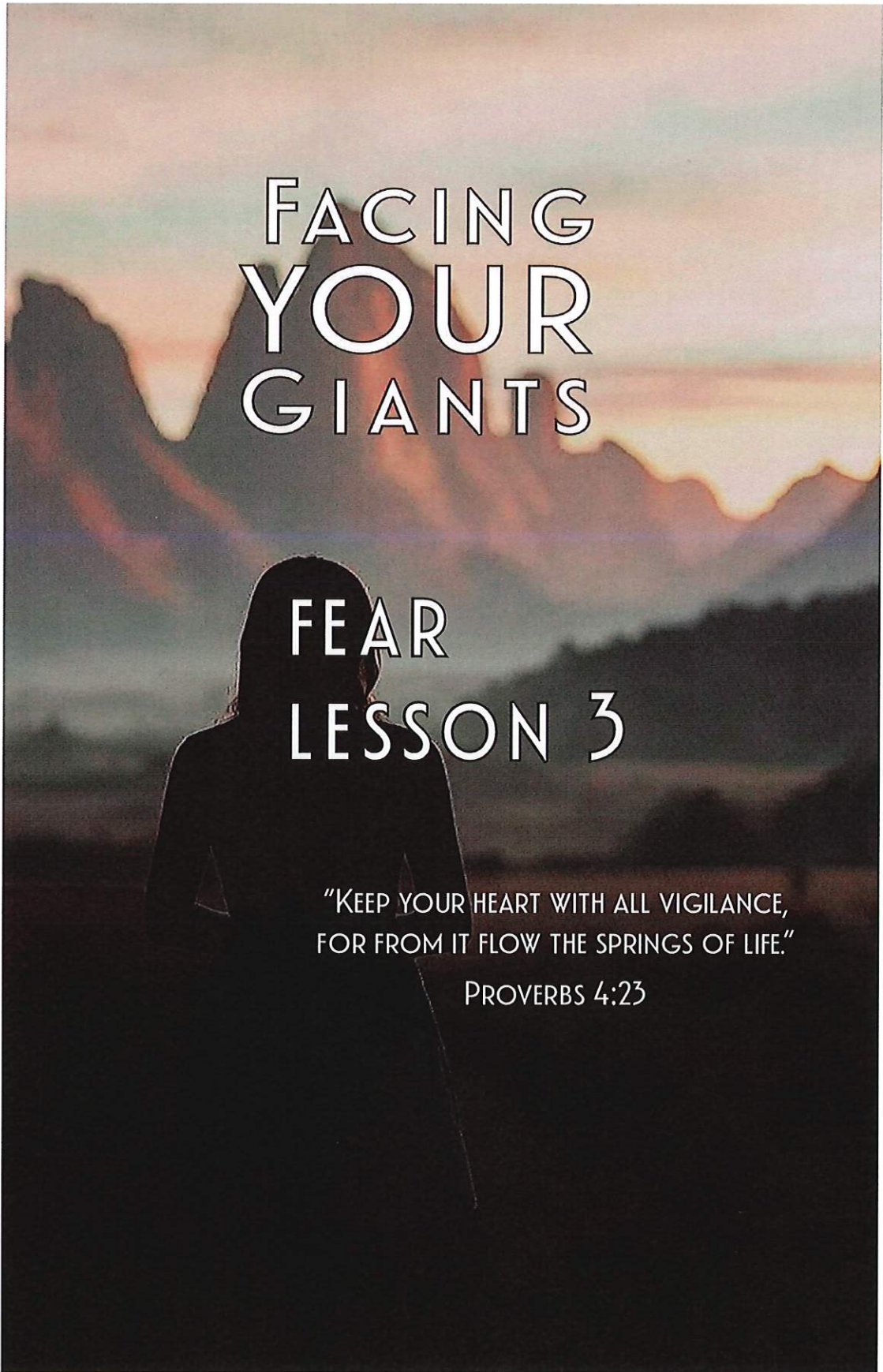


A person's silhouette is shown from behind, looking out at a sunset over a mountain range. The sky is filled with soft, colorful clouds in shades of orange, pink, and blue. The mountains are dark and silhouetted against the bright sky. The overall mood is contemplative and inspiring.

FACING YOUR GIANTS

FEAR LESSON 3

"KEEP YOUR HEART WITH ALL VIGILANCE,
FOR FROM IT FLOW THE SPRINGS OF LIFE."

PROVERBS 4:23

FACING YOUR GIANTS

FACING THE GIANT OF FEAR
LIVING IN COURAGE
LESSON 3

ARE WE COCOONED IN FEAR OR FLUTTERING IN FREEDOM?

FEAR AND FAITH ARE INCOMPATIBLE

A. Fear Is What You Do

1. Fixate on the Circumstances
2. Focus Away From God
3. Freeze Our Faith

B. Fear Can Cause Two Diseases

1. Myopia
2. Amnesia

WHAT CAN WE DO?

A. What Does God Say?

1. He Knows How I Am Made
2. He Addresses Fear
 - a. He Says It Repeatedly
 - b. He is Our Shield

B. I Need to Take Action



GOD GIVES US SPECIFIC INSTRUCTIONS · Proverbs 4:23–27

A. (YOU) Guard

1. 2 Corinthians 10:5b
2. Philippians 4:6–8

B. (YOU) Avoid Corrupt Talk

1. Ephesians 4:29

C. (YOU) Fix Your Gaze Before You

1. Don't Be Myopic
2. Gaze on Jehovah Jireh

D. (YOU) Follow the Paths That are Firm

1. Not of Our Own Making
2. Not Getting Ahead of God

E. (YOU) Keep From Evil

1. Don't Follow the Culture
2. Don't Follow Other People

GOD'S MESSAGE TO FEARFUL HEARTS · Psalm 55:22

A. Psalm 55:22

B. 1 Peter 5:7

C. Isaiah 61:3

A CLOSING QUESTION · Psalm 139:23–24